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Twin Cities Tandem Club



May 2022

www.twincitytandembike.com

Annual Meeting Minutes

Scribe: Matt Tillotson

The 2022 annual meeting of the Twin Cities Tandem Club was held on April 28th both in person and via Zoom. There were 34 people who attended the meeting in person and another 3-6 people who joined virtually.

Highlights of the Annual Meeting:

- Current slate of officers was re-elected:
 - Helmut Porcher - President
 - Mark Seaburg - Vice President
 - Matt Tillotson - Scribe, Memberships
 - Deb Liang - Treasurer, Logistics
- Our current webmaster – Lyle Quimby – is moving to Arizona. He is willing to continue for now, but we will need someone to fill this position at some point.
- The new club jerseys were revealed.

Full meeting minutes have been emailed to club members and are posted to the website for review.

New TCTC Jersey!

We have a new TCTC jersey!



Jerseys are \$72 and order forms are available on the [website](#) and have also been emailed to club members.

Sizing Guide:

<https://www.ascendsportswear.com/custom-cycling-jerseys-comparison/sizing-charts/>

The first order will be placed on May 6th with an estimated delivery by mid-June. **If you want to get a jersey order in this first order**, please email Helmut Porcher at pres@twincitiestandembike.com by **Thursday, May 5th**.

If possible, a second order will be placed on May 30th with an estimated delivery by mid-July (the jersey vendor's minimum custom order is five jerseys).

Jersey distribution will be at rides or by pickup at a mutually agreed upon location in the metro area.

Membership Renewal

It's membership renewal time! The club membership form is available on the website:

<https://twincitiestandembike.com/index.php/join>

Completed forms should be mailed to the address on the form or a digital version can be emailed to membership@twincitiestandembike.com. Please complete a new membership form every year.

Club dues (\$25 per team) can be paid by:

- Mailing a check along with the completed membership form to the address on form
- Electronically via one of the following methods:
 - Apply Pay: 651-402-1298
 - Paypal: debliang@comcast.net
 - Venmo: @Deborah-Liang, 651-402-1298
 - If you pay electronically, we still need your completed membership form sent to us either via the mail or digitally.

Email membership@twincitiestandembike.com if you have any questions or concerns! Thanks!

2022 TCTC Rides

Want to add a ride to the calendar? Send an e-mail to: schedule@twincitiestandembike.com

Wednesday May 4th

Ride to Withrow (evening ride)

Hosts: Helmut and Joan Porcher

Saturday May 14th

Frozen Custard Ride

Hosts: Mike Lindgren and Terri Backes

Sunday May 15th

Lake Harriet Bandshell/Grand Rounds

Hosts: Steve Share and Ronna Rochell

Wednesday May 18th

Ride to Withrow (evening ride)

Hosts: Helmut and Joan Porcher

Wednesday June 1st

Ride to Withrow (evening ride)

Hosts: Helmut and Joan Porcher

Sunday June 12th

Kelly's Hero's Ride

Hosts: John and Helen Mattsen

Wednesday June 15th

Ride to Withrow (evening ride)

Hosts: Helmut and Joan Porcher

Sunday June 26th

The Howe Now Not Longfellow Ride!

Hosts: John and Helen Mattsen

Saturday July 30th

Root Beer Float Ride

Hosts: Helmut and Joan Porcher

Sunday October 9th

TCTC Meet Up at Mankato River Ramble

Hosts: Steve Share & Ronna Rochell

Ride leader resources are available:

<https://twincitiestandembike.com/index.php/resources/ride-leader-resources>

Non-TCTC event to get on your calendar:

Saturday, August 6th

Twin Cities Tandems Bike Shop
CoMotion Factory Demo

Ride to Withrow

Wednesday Evenings 5/4, 5/18, 6/1, 6/15

Join Helmut and Joan for a casual ride from Oakdale to Withrow and back, every other Wednesday evening in May and early June.

The 22 mile, mostly flat route, will be via the Gateway State Trail and Washington County roads. Please plan accordingly, there are no food stops on the route. There is food and ice cream available at DQ and Burger King on Geneva Ave in Oakdale just west of the ride start on the Gateway Trail State Trail.

Planned May ride dates are 5/4 and 5/18.

June ride dates are 6/1 and 6/15.

Ride start location:

Gateway State Trail Parking Lot on 55th Street North (east of Hadley Ave and south of State Hwy 36 in Oakdale).

Google Maps Pin:

45.026973855395056, -92.96367720149762.

Google Maps URL:

<https://goo.gl/maps/Tqj2zeDrkLm8qbqk9>.

Meet at 5:00pm and ride start at 5:15pm.

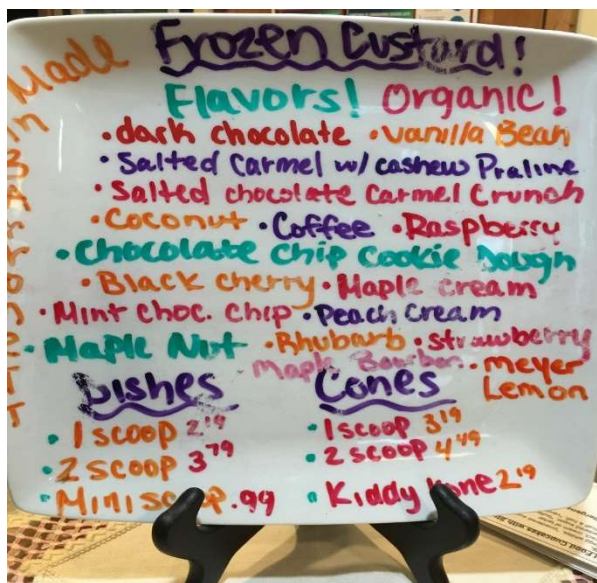
Please RSVP and provide contact information (in case the ride needs to be postponed) via email to pres@twincitiestandembike.com by noon on the Wednesday of each Withrow ride.

Frozen Custard Ride Saturday, May 14th

Hosts: Mike Lindgren and Terri Backes

Mike Lindgren and Terri Backes are going to lead a tandem ride out of our lake home just north of Cumberland WI on Saturday, May 14th. We plan on starting at 11am.

Our stop will be at the 20 Mile Organic General Store, in the town of Barronett, for some frozen custard. One of their specialties is Salted Caramel Cashew Praline. Currently, they have 16 other flavors available including Rhubarb, Peach Cream, and Maple Bourbon. They also have other take and go items and many bakery treats. They request masks if unvaccinated but not required for fully vaccinated.



The route options out are 11 or 16 miles. The route options back are 8, 10, or 16 miles. The ride is on rolling terrain with minimal traffic.

Post ride snacks will be available. You're welcome to use our showers to clean up before heading home.

Please RSVP by email, phone or text if you plan on coming.

Our home is located north of Cumberland at 2524 4th St (County Rd H).

For more info contact us at:

mlandtb@usa.com

Land line (715) 822-3708, Cell (715) 419-2866

Bike the Minneapolis Grand Rounds National Scenic Byway Sunday, May 15th

Hosts: Steve Share and Ronna Rochell

The Grand Rounds is almost entirely on bike paths, except for a stretch from Central Ave. in northeast Minneapolis east to Stinson Blvd. and south through the University of Minnesota campus.

Date and time of ride: Sunday, May 15.

Meet at 9:00 a.m., start riding at 9:15 a.m.

Distance: 35 miles

Start location: Dunn Bros. coffee shop, 2814 W 43rd St Minneapolis MN 55410. If arriving by car, park on neighborhood streets, not in the Dunn Bros. lot.

We'll start our ride by swinging by the Lake Harriet Bandshell, then head north to Bde Maka Ska, Cedar Lake, Wirth Parkway, Victory Memorial Parkway. Next we head east on Victory Memorial Parkway, then Weber Parkway, then cross the Mississippi River on the Camden Ave. Bridge. We continue east on St. Anthony Parkway to Stinson Blvd., then head south to and through the U of M campus. From campus, we bike south on the Mississippi River parkway bike trail to Minnehaha Falls. There we can stop for a few minutes to admire the falls, eat a snack you've brought from home, use the restrooms, etc. Then we'll head west down Minnehaha Creek and back to Lake Harriet and post-ride refreshments at the Dunn Bros. in Linden Hills or perhaps at the Wooden Ship Brewing Company a few blocks away. The route is mostly flat - except for a few big hills!

Link to official map:

<https://www.minneapolisparcs.org/asset/byrn2z/grand-rounds.pdf>

(Our actual route may vary a bit, including to avoid traffic on Stinson Blvd and later to use E. 51st Street going west from Minnehaha Falls to Lake Nokomis to avoid all the stop signs along the Minnehaha Creek trail).

Contact Information:

Please RSVP and provide contact information to:

Steve Share

steven.h.share@gmail.com, 612-715-2667

The Kelly's Heroes Ride Sunday, June 12th

Hosts: John and Helen Mattsen

This ride got its name in 2018 when we first scouted this route for a club ride. We envisioned a large contingent of TCTC club riders going into Kelley's Korner Bar in Centerville, and telling the motorcycle bikers our tales of daring do on our tandem bikes. Being impressed, they would view us as being heroes, and would anxiously anticipate our arrival at the bar the following year. Kind of like the people who anxiously anticipate the return of the swallows to Capistrano, and all the s__t that comes with it. Thus the name, "The Kelly's Heroes Ride".

When: Sunday June 12, 2022. Ride briefing at 8:45 AM. Ride departs at 9:00 AM.

Distance: 26 miles

Start: Set your GPS for 1299 Bucher Avenue, Shoreview, MN. It is near the intersection of Hamline Avenue North and Lexington Avenue North.

Ride Description and Difficulty: The course is scenic every mile, and is mostly on bike trails through the woods where riders are largely protected from the sun and the wind. There is a lot of canopy in the woods to keep riders cool.

Most of the course is very flat. Where there are hills they are short, and if you accelerate on the downhill, you pretty much crest the top of the next uphill. If you are looking for a ride with long distance, big hills and headwinds, this isn't going to be your kind of ride. Scenic and winding bike trails with a lot of social interaction is what you get with this ride.

Lunch: If we arrive at Kelly's Korner Bar between 11:00 AM and 11:30 AM, the odds are very good that we can eat outside on the shaded patio.

WHAT YOU NEED TO DO:

Send an email message to mattsen2@comcast.net and give us your cell phone number. We would like to know this information by Saturday evening June 11th

The Howe Now Not Longfellow Ride! Sunday, June 26th

Hosts: John and Helen Mattsen

This route gets an A+ for being scenic and interesting. In years past, this route has been severely plagued by floods, road construction, rock slides, and has been closed off entirely for sanctioned bike criteriums and rock concerts. If this happens, we will either alter the route or the starting point like we did in 2019. With this ride, you've got to think "flexibility".

Distance: 35 miles

This was previously called the "Longfellow Ride" because we ate at the Longfellow Grill. But every year they have been less than cooperative. Rob and Nancy suggested that we switch to a restaurant called "The Howe". So, it has become the Howe Now Not Longfellow Ride.

If we are lucky, this will be the route: We start at Aldine Park near Snelling and Marshall in St. Paul. Summit Avenue past the Cathedral, down through St. Paul on St.

Peter Street, across the river on the Wabashaw Street Bridge, down Water Street bike trails to the yacht club, up through Mendota on the bike trail, over the Mendota Bridge to Fort Snelling, through Minnehaha Park, around the lakes, down the Midtown Greenway to the Howe Restaurant. Then it's maybe four miles back to Aldine Park. Two of those miles I would describe as railroad grade up Marshall Hill, with an Izzy's (scratch that now Nelson's) ice cream shop about half way up the hill. According to Deb Liang, they have ice cream cookies as big as your head. I suppose that we could eat there instead of The Howe, making it the Nelson's not Izzy's nor Howe nor Longfellow Ride.

No maps provided. Riders who need to be guided through the course should be able to maintain, say, 12-14 mph on flat terrain with no wind. However, anyone who knows the route can travel at any speed they like, and increase or decrease the distance as they please. In the past, everyone has just ridden the course together.

Meet at Aldine Park (GPS reference 1712 Inglehart Avenue, St. Paul). Sunday June 26, 2022, 8:45 AM briefing with 9:00 AM departure.

Please RSVP to mattsen2@comcast.net by Saturday June 25, and GIVE US YOUR CELL PHONE NUMBER! Our cell phone number is 651-895-0550.

Root Beer Float Ride Saturday, July 30th

Hosts: Helmut and Joan Porcher

Meet at 8:30am and ride start at 8:45am. Rain date Sunday July 31, 2022, same time and location.

Distance: 31 miles

Start location: Ride start location will be provided via email after registration is received for the ride.

Ride description and difficulty: Joan and Helmut Porcher will host a ride in the Lake Elmo, Grant Township and Stillwater areas using the Gateway and Brown's Creek State Trails, Washington County roads and Stillwater streets. There will be a couple of hills on the county roads, the Gateway Trail has some low percentage up and down grades and the Brown's Creek trail section has a 2% uphill grade for around 5 miles coming out of Stillwater. Refreshments (the ride's name sake) will be available at a yet to be chosen location on the route.

For more information about the Gateway State Trail:
https://www.dnr.state.mn.us/state_trails/gateway/index.html

For more information about the Brown's Creek State Trail:
https://www.dnr.state.mn.us/state_trails/browns_creek/index.html.

Contact information: Please RSVP and provide contact information (email along with cellphone, in case the ride needs to be postponed) via email to pres@twincitiestandembike.com or phone (651-779-8248) by noon on Friday, July 29, 2022.

Midwest Tandem Rally 2022 September 3rd – September 6th

The Chicago Area Tandem Society (CATS) is proud to host MTR2022 in Decatur, Illinois on Labor Day weekend (September 2-5, 2022). We have a great weekend planned including routes with a variety of riding. Highlights include:

- Friday ice cream ride and photo hunt - you'll find Decatur has its share of architecture, murals, historical markers and Lincoln sites to see downtown
- Mass starts - Everyone starts together on Saturday & Sunday morning with choices of distance each day
- Vendor area
- Seminars
- Sunday BBQ dinner and Square Dance - an opportunity to learn some new moves
- Monday breakfast ride - Who doesn't love a good breakfast?

Registration is now Open. Early registration discounts and merchandise orders will only be available only until July 1, 2022 so don't delay!

Please to go mtr2022.org for more information and registration.

I hope you join us as we Tour the Heart of Illinois on Labor Day weekend.

Ford, MTR2022 Chairperson



Notes from The Newsletter Editors

Send articles, comments and ideas to:

Deb Liang & Matt Tillotson

E-mail: newsletter@twincitiestandembike.com

The club ride calendar is included in the newsletter and the most updated version is on the club website:
<https://twincitiestandembike.com/>.

We have club rides coming up soon – first one on Wednesday evening, May 4th!

We would love to get more rides scheduled! If you are interested in hosting a club ride, please send the details to schedule@twincitiestandembike.com - this email address goes to both the webmaster to get the ride details posted on the website and to us to include in either the next newsletter or an email to the club specifically about the ride.

Rides don't need to be fancy or complicated – we just like to get together to ride (and occasionally eat!)

Club communication is via digital sources. Club members are emailed TCTC newsletters and ride information/reminders.

In addition to posting information on the club website (<https://twincitiestandembike.com/>) we do also post on the club's Facebook page. (<https://fb.me/TwinCitiesTandemClub>)

While club members are welcome to post whatever details they wish to on the Facebook page, club officials will not post details there – we will post ride name and date, then direct folks to the website for specifics.

Here's hoping for warmer weather soon. Stay safe and happy riding everyone! Hope to see you out riding soon!

